**DISTRICT OF COLUMBIA**
**STATE MENTAL HEALTH PLANNING COUNCIL**

*REQUEST FOR PROJECTS*

The **District of Columbia State Mental Health Planning Council** is seeking projects for funding consideration under the FY 2011 Community Mental Health Services Block Grant. The Council is particularly interested in initiatives related to: 1) children/youth with severe emotional disturbances and co-morbid health issues (obesity, diabetes, high cholesterol), 2) older adults with serious mental illness and co-morbid health issues -**OR-** activities designed specifically for older adults, and 3) issues related to psychotropic medications (education, weight gain, and other side effects).

**Who Can Apply?**

Projects must be from:

A.  District-based, nonprofit organizations in good standing with the District government, and the Internal Revenue Service.
                                        **-OR-**
B.  Individuals or non-incorporated groups must have a registered agent (who must be District-based and in good standing with the District government and the Internal Revenue Service) to receive funds on their behalf.

C.  Projects from District academic settings such as colleges and universities can also apply.

The projects funded under this initiative must be:
   ▪ Innovative in nature
   ▪ Incorporate elements of the recovery model for adults with serious mental illness (SMI), i.e., wellness and crisis planning, strong support system, self-advocacy; and resiliency principles for children/youth with serious emotional disturbances (SED), i.e., related to activities, school, social, and strengths.
**Only 5% of the total project budget can be spent on administrative costs.**

Projects are also encouraged to utilize best or promising practices and/or evidence-based practices. Consumer focused, consumer-run, and family member programs (that serve family members of adults or children/youth) can submit projects.

**How to Apply?**

The project format is attached. A few projects will be funded ranging from $5,000- $20,000.  To discuss the request for projects you may contact Effie Smith at (202) 842-0001, Lynne M. Smith at (202) 671-4071 or Juanita Reaves at (202) 671-4080.

**All projects must be submitted by June 21, 2010.** They can be mailed to: District of Columbia State Mental Health Planning Council, c/o Juanita Reaves, Ph.D., Department of Mental Health, 64 New York Avenue, N.E., Fifth Floor, Washington, DC 20002, emailed to: juanita.reaves@dc.gov or faxed to Dr. Reaves at: (202) 673-7053.

## PROJECT REQUEST FORMAT
## FY 2011 COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT

The projects funded under this initiative must be innovative in nature and incorporate elements of the recovery model for adults with serious mental illness (SMI) and resiliency principles for children/youth with serious emotional disturbances (SED).  Projects are also encouraged to utilize best or promising practices and/or evidence-based practices.  Consumer focused, consumer-run, and family member programs can submit projects for funding consideration. **Project descriptions should be concisely written between 5-10 pages or fewer.**

**1**.   **Project Title-** Name of the Project

2.  **Project Description-** Describe the Project and its intent, include some background information on the problem/issue being addressed and why it is important.

3.  **Purpose of Project**- Explain how the Project will benefit its participants and how the Project will help to improve the delivery of mental health services in the District of Columbia.

4.  **Project Goals**- Indicate what the Project will accomplish both short-term and long-term. Create goals that are specific, measurable, attainable, realistic, and time-sensitive (S.M.A.R.T. goals). Example: The Older Adult Committee will develop a plan for serving older adults with mental illness by June 30, 2011.

5.  **Project Measurable Outcomes-** Identify the tool/method that will be used to measure the success of **t**he Project. Example: Youth with high scores on an Anger Management Scale will participate in a six (6) week Anger Management Course and be re-tested to see if their scores are lower.

6.  **Project Timeline**- Indicate the development of the Project for FY 2011-2012 in terms of activities/schedule of events and their durations; milestones and their completion dates. The status will be reported in the Quarterly Report.

7.  **Project Team**- Indicate the Project manager and responsibilities/roles of persons who are likely to be working on the Project with the applicant.

8.  **Project Evaluation Plan**- Identify performance indicators (e.g., number of people participating in a program, group, activity/event, or number receiving an intervention). Include the method of data tracking that will be used and reported in the Quarterly Report.

| FY 2011 Quarters | 1st Quarter (10/1/10-12/31/10) | 2nd Quarter (1/1/11-3/31/11) | 3rd Quarter (4/1/11-6/30/11) | 4th Quarter (7/1/11-9/30/11) |
|---|---|---|---|---|
| Number of Persons Referred | | | | |
| Number of Persons Served | | | | |
| Type of Services Provided | | | | |

9. **Project Budget**- Indicate the anticipated cost of the Project by associating costs with activities and services. Report project expenditures in the Quarterly Report.

| FY 2011 Funded Amount | Funded Category | Vendor Point of Contact (name, address, phone number) | Activity/Services | Amount Paid | Amount Carried Over to Next Quarter |
|---|---|---|---|---|---|
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10. **Project Sustainability**- Indicate how the Project will continue after the requested funding period ends and how it will be funded.

11. **Previous Block Grant Funding**- Indicate the Project name, date and funding amount for all Projects that received Department of Mental Health Block Grant funds from FY 2007 - FY 2010. For all Projects similar to this proposal, indicate how the Projects are different.

12. **Dissemination of Project Results**- In addition to the requested Project Quarterly Status Reporting, Project Measurable Outcomes Tracking, and Project Evaluation, indicate how the Project Final Report will be communicated.

**All funded Projects are required to: 1) submit quarterly reports including expenditures to the D.C. State Mental Health Planning Council (SMHPC) and 2) submit a request to the SMHPC to make any substantial change in Project implementation prior to making any changes.**